



BITE by BITE....

In just 6 weeks, your health can turn around for the better! From chemical balancing to weight loss and all around wellness.

**Adam's Health Center offers:
Nutrition for ALL ages!**

Do you suffer from or have experienced 1 or more of these symptoms?

Back pain * joint stiffness * nerve pain * headaches * Nausea * belching constipation * Diarrhea or loose stool * bloating * mood swings * restlessness * insomnia * fatigue * dark under eye circles * lethargy * water retention * itchy or dry eyes * dizziness * afternoon crashing * IBS * crave sweets/sugar....

These are just a few of the symptoms we can help you correct. Schedule your nutrition appointment now for better health today!

Our *clinical cellular nutritionist, Jenny Flannery, E.P.*, will discuss a unique 6 week plan just for you!

Ask Evelyn or Cathie at our front desk for your FREE STRESS ASSESSMENT form. Fill it out & schedule your appointment today. Same week appointments available.

AUGUST SPECIAL: \$80 (includes reviewing your assessment, setting goals, discussing your unique plan and your first 3 week phase one plan for balancing your body).

Follow up appointments are discussed at your first appointment.

Regularly \$140

In 6 weeks you can... live better emotionally & physically.



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